

# Jason's MENU

## MANAGER'S SPECIAL

HALF SANDWICH • CHIPS • ONE SIDE:

Side Choices: cup of soup, fruit or mac & cheese. Excludes Muffalettas  
Upgrade to a side salad.

## SPECIALTY SANDWICHES

Served with chips. 110-160 cal | Add a Side Salad.

### Make your sandwiches into a MANAGER'S SPECIAL

#### The Carmela 660 cal

Salami, pepperoni, ham, provolone, spicy piquillo pepper relish, mayo, sourdough.

#### Santa Fe Chicken Sandwich® 710 cal

Grilled chicken, bacon, Swiss, 1000 Island, guacamole, tomato, multigrain wheat.

#### Shelley's Deli Chick 590 cal

Chicken salad with almonds & pineapple, lettuce, tomato, croissant.

#### Bigger Better BLT 640 cal

Bacon, lettuce, tomato, fresh-cracked egg,\* mayo, avocado, multigrain wheat.

#### Spicy Sicilian 810 cal

Pepperoni, salami, ham, provolone, spicy giardiniera, tomatoes, red onions, lettuce, mayo, oil, red wine vinegar, oregano, French sub roll.

#### Ranchero Wrap 670 cal (side: 250 cal)

Grilled chicken, cheddar, jalapeños, pico de gallo, ranch, Southwest spices, wheat wrap, blue corn chips & salsa.

#### Turkey Wrap 380 cal (sides: 60-250 cal)

Roasted turkey, tomato, field greens, guacamole, ranch, wheat wrap. One side: fresh fruit, baked chips, steamed veggies, or blue corn chips & salsa.

#### Smokey Jack Panini 790 cal

10.69

Smoked turkey, bacon, pepper jack, tomato, guacamole, 1000 Island, sourdough.

#### Chicken Panini 780 cal

Grilled chicken, provolone, pesto aioli, spinach, tomato, sourdough.

#### Chipotle Chicken & Avocado Panini 930 cal

Grilled chicken, avocado, lemon crema, chipotle aioli, pepper jack, pickled red onion, telera bread, blue corn chips & salsa.

#### Amy's Turkey-O 420 cal

Roasted turkey, avocado, tomato, pepper jack, red onions, lettuce, stone-ground mustard, everything bun.

#### California Club 670 (sides: 60-250 cal)

Roasted turkey, bacon, Swiss, tomato, mayo, guacamole, field greens, croissant. One side: fresh fruit, steamed veggies, baked chips, or blue corn chips with salsa.

#### Club Royale 690 cal

Smoked turkey, ham, bacon, cheddar, Swiss, lettuce, tomato, honey mustard, croissant.

#### Deli Club 860 cal

Ham, roasted turkey, bacon, cheddar, Swiss, lettuce, tomato, mayo, multigrain wheat.

### IT'S BACK! 🍷 Caprese Panini 770 cal

Mozzarella, spinach, roma tomato, pesto aioli, focaccia.

### IT'S BACK! Chicken Caprese Panini 960 cal

Grilled chicken, mozzarella, spinach, roma tomato, pesto aioli, focaccia.

## FAMOUS FAVORITES

Served with chips. 110-160 cal | Add a Side Salad. 7.29

### Make your sandwiches into a MANAGER'S SPECIAL

#### Reuben THE Great 580-1130 cal

1/2-pound of hot corned beef or pastrami, Swiss, sauerkraut, 1000 Island, marbled rye.

#### New York Yankee 1070/650 cal

3/4-pound combo of hot corned beef, pastrami, Swiss, marbled rye.

#### Beefeater 830/670 cal

1/2-pound of hot roast beef, provolone, mayo, French sub roll, cup of au jus.

#### Wild Salmon-wich 540 cal (sides: 60-250 cal)

Wild salmon, guacamole, tomato, lettuce, chipotle aioli, herb focaccia. One side: steamed veggies, fruit, baked chips, or blue corn chips & salsa.

## Jason's MUFFALETITAS

Served with chips. 110-160 cal | Add a Side Salad.

#### Quarter Muffaletta 490-510 cal

Ham and salami or roasted turkey with chips.

#### Quarter Muffaletta Special 630-1060 cal

Served with chips plus a cup of soup, fruit, or mac & cheese.

## BUILD YOUR OWN SANDWICH

Served with chips. 110-160 cal | Add a Side Salad. 7.29

### Whole / Lighter / Half

#### Meats

Ham 150/80 cal • Salami 680/340 cal • Tuna Salad with Eggs 380/190 cal

Roasted Turkey Breast 150/80 cal • Smoked Turkey Breast 160/80 cal

Family-recipe Chicken Salad with Almonds & Pineapple 320/160 cal

Roast Beef 210/110 cal • Corned Beef Add 2.80/1.80 360/180 cal

Pastrami Add 2.80/1.80 650/320 cal

#### Breads

Multigrain Wheat 260/130 cal • Country White 280/140 cal

Marbled Rye 230/120 cal • Sourdough 200/100 cal

Ancient Grain Bun 260/130 cal • Wheat Wrap 180/90 cal

Herb Focaccia 210/110 cal • All-butter Croissant 270/140 cal

Everything Bun 170/90 cal • French sub roll 220/110 cal

Telera 270/130 cal • Gluten-free 170/90 cal

#### Cheeses

Provolone 150/70 cal • Cheddar 180/90 cal • Swiss 160/80 cal

American 140/70 cal • Muenster 160/80 cal • Jalapeño Pepper Jack 160/80 cal

#### Spreads

Mayo 90/45 cal • Mustard 10 cal • Stone-ground Mustard 15/10 cal

Honey Mustard 80/40 cal • Chipotle Aioli 100/50 cal

Pesto Aioli 70/35 cal • 1000 Island 70/35 cal

Ranch 60/30 cal • Jalapeño Ranch 40/20 cal

#### Add-ons

Avocado Slices 60/30 cal • Guacamole 25/10 cal

Organic Roasted Red Pepper Hummus 50/25 cal

Bacon Slices 45/25 cal



\*Eggs are served medium. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may result in an increased risk for foodborne illness.

## SALADS

### Garden-Fresh Salad Bar

Choose from dozens of fresh, wholesome ingredients, including select organics.

Add a protein 80-240 cal

Add some soup 160-570 cal

Bowl / Cup

**GS** **The Big Chef 1050/530 cal**

Ham, roasted turkey, Asiago, cheddar, grape tomatoes, olives, hard-boiled egg, salad greens, ranch.

**GS** **Mesa Chicken 850/480 cal**

Grilled chicken, cheddar, grape tomatoes, roasted corn and black bean mix, avocado, salad greens, jalapeño ranch.

**GS** **Nutty Mixed-Up 740/400 cal**

Grilled chicken, feta, grapes, strawberries, cranberry-walnut mix, field greens, balsamic vinaigrette.

**GS** **Chicken Club 1110/570 cal**

Grilled chicken, bacon, Asiago, cheddar, grape tomatoes, avocado, salad greens, ranch.

**Chicken Caesar 1020/510 cal**

Grilled chicken, Asiago, croutons, romaine, Caesar dressing, herb focaccia.

## PASTAS

Add a Side Salad.

**Penne & Meatballs 1150/750 cal**

Pork & beef meatballs, penne, marinara, Asiago. (240/120 cal)

**Chicken Alfredo 1240/750 cal**

Grilled chicken, penne, Alfredo sauce, Asiago. (240/120 cal)

**V** **Zucchini Garden 1090/710 cal**

Roasted zucchini, penne, fresco mix of roasted tomatoes, spinach, artichoke hearts, Asiago. (240/120 cal)

## POTATOES

**GS** **The Plain Jane® 1780/1020 cal**

Cheddar, bacon, butter, sour cream, green onions.

**GS** **Pollo Mexicano 1400/840 cal**

Grilled chicken, cheddar, sour cream, butter, pico de gallo, Southwest spices.

**GS** **Texas Style Spud® 1560/900 cal**

Chopped BBQ beef in barbecue sauce, cheddar, butter.

**GS** **The CB Ranch Potato 1760/1020 cal**

Grilled chicken, bacon, cheddar, sour cream, butter, green onion, ranch.

## DESSERTS

**Texas Chocolate Cake 560 cal**

**Fresh-Baked Cookie 300-310 cal**

**GS** **Chewy Marshmallow Treat 230 cal**

**Fudge-Nut Brownie 450 cal**

**Strawberry Shortcake 940 cal**

**Classic Cheesecake 530 cal**

**Strawberry Cheesecake 550 cal**

## DRINKS

**Fountain Drinks & Iced Teas 0-440 cal**

**Bottled Drinks**

**Coffee**

## HANDCRAFTED BOWLS

**Modern Med 600 cal**

Grilled chicken, feta, hummus, olives, cucumber, tomatoes, pita, quinoa, romaine, Greek dressing.

**GS** **Great Southwest 710 cal**

Grilled chicken, cheddar, pico de gallo, roasted corn and black bean mix, guacamole, Southwest spices, rice, romaine, jalapeño ranch.

**GS** **Ultimate BLT 780 cal**

Grilled chicken, bacon, tomato, pickled red onion, hard-boiled egg, avocado, Southwest spices, quinoa, romaine, ranch.

## SOUPS

BOWLS / CUPS

**V** **Broccoli Cheese 570/430 cal**

**Chicken Noodle 370/280 cal**

**Irish Potato 550/390 cal**

**GS** **V** **Tomato Basil 510/330 cal**

**Chicken Pot Pie 530/310 cal**

**Spicy Seafood Gumbo 310/200 cal**

**Chili 490/360 cal**

**GS** **Fire Roasted Tortilla 210/160 cal**

## KID'S MENU

Our foods are free from dyes, artificial trans fats and flavors, processed MSG, and high-fructose corn syrup. All Kid's meals include choice of one drink: bottled water, organic apple juice, or organic low-fat white or organic chocolate milk. 0-180 cal

**V** **Cheese Pizza 470 cal**

**Pepperoni Pizza 520 cal**

**V** **Mac & Cheese 470 cal**

**Kid's Pasta 610 cal**

Pork & beef meatballs in marinara or chicken Alfredo.

**GS** **Kid's Baked Potato 680 cal**

Butter, bacon and cheddar.

Served with one side: carrots, fruit or chips. 30-150 cal

**GS** **Chicken Tenders 180 cal**

Breaded chicken strips, with choice of dipping sauce.

*Parents: if you have gluten-sensitive kids, please tell your order taker.*

**V** **Grilled Cheese 580/600 cal**

American cheese on multigrain wheat or country white.

**V** **Vegetarian**

**GS** Denotes Gluten-Sensitive Menu item Jason's Deli is not a gluten-free environment. If you are gluten-sensitive, please request gluten-free preparation when you order. Please be advised that all of our foods are prepared in a common kitchen and that Jason's Deli cannot guarantee that cross-contact with other gluten-containing products will not occur. As a result, we cannot recommend this for persons with Celiac Disease. Our gluten-free offerings are designed for those with gluten sensitivities or those who prefer to avoid gluten for nutritional reasons. Ask for our Gluten-Sensitive Menu.

NOTES: This menu and information are provided by Analytical Food Laboratories (AFL), Grand Prairie, TX (an independent testing facility contracted by Deli Management, Inc. d/b/a Jason's Deli), combined with the ingredient and allergen data from our suppliers. Jason's Deli and AFL assume no responsibility for its use and information which has not been verified by Jason's Deli. Every effort is made to keep this information current. Factors including regional suppliers, recipe revisions and others may require ingredient changes. Serving sizes as described in the nutritional information may vary due to many offerings being individually prepared and the use of differing serving containers. Limited time offers, test or regional items have not been included in our menu. For the most current nutrition, ingredient and allergen information, visit our website: [jasonsdeli.com](http://jasonsdeli.com)

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